

# BEL AIR RECREATION BASKETBALL PROGRAM

## 2009/10 11-12 Girls Basketball League

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### League Format:

- 1) There will be 7 regular season games of Saturday and/or weeknights beginning on January 9, 2010.
- 2) There will be a season ending tournament at the conclusion of the regular season. Tournament will be single elimination played on weekends and/or weeknights following the conclusion of the regular season. The seeding for the tournament will be based on standings. There will be two divisions for the tournament; a Gold Division (top 4 teams) and a Silver (bottom 4 teams).
- 3) The playing rules for the league and tournament will be those of the National Federation of the State High School Association Basketball Rules unless covered by these rules unless noted below.

### Playing Rules:

- 1) There will be no 30 second clock.
- 2) Two (2) twenty (20) minute running clock halves.
- 3) Clock stops only in the last two (2) minutes of the second (2<sup>nd</sup>) half and during time outs or injuries.
- 4) Two (2) one (1) minute time outs per game.
- 5) Halftime will be three minutes in length
- 6) Games that end regulation play in a tie will play one (1), three (3) minute overtime with the clock being stopped during the last minute of play. Each team will be awarded one (1) time out. **NO GAME WILL END IN A TIE.**
- 7) **MANDATORY SUBSTITUTIONS:** Substitutions will take place at the following time intervals: 5 minutes, 10 minutes and 15 minutes in each half. Any player who is sitting on the bench must report into the game. Every girl must play at least half the game. No player may sit out for more than one four minute segment in a row. **Each player must sit out at least one four minute segment per half.**
- 8) A team may press during a game at anytime. If a team is leading by 10 points or more a team may not press and must remain in the three point arc.
- 9) The clock will run in the last 2 minutes of the game if a team is leading by ten (10) points or more.
- 10) Earrings may be worn if covered by a band-aid

### Behavior Issues:

- 1) All assistant coaches must remain on the bench. If an assistant coach is standing a technical foul will be awarded to the opposing team.
- 2) The Head Coach is the only person who may speak to a referee during the game.
- 3) Coaches are responsible for their fans behavior. Should it be necessary the referees will ask the head coach to take care of a problem fan or fans. Fans that are unruly and uncooperative will be asked to leave the gym and premises. Any fan that refuses to leave the gym or premises in a timely fashion will cause that team to forfeit the game.
- 4) Players or coaches who receive a technical foul in a game will be "ineligible" for the following game. Any player or coach assessed two technical fouls during the season will be ineligible for the remainder of the season, including the tournament.

### Referees:

The majority of the referees are either High School or College students. Please do not tell them how to referee. Do not over rule a referee. Please treat them as if they were your daughter.